



BREAKFAST

BREAKFAST IS SERVED 6:30AM - 2PM

BAGELS

- THE WORKS:** Toasted bagel served à la carte style with cream cheese, local tomato, red onion, local organic lettuce, and homemade walnut pesto \$10.95
- THE LOX:** Toasted bagel served à la carte style with Alaskan sockeye lox, local tomato, red onion, cream cheese, and capers..... \$15.75
- THE MAGIC:** Toasted bagel served à la carte style with organic coconut oil, and red alae sea salt. Add avocado for an additional \$2.75..... \$8.20
- TOASTED BAGEL:** Your choice of bagel. Add cream cheese or jam for .75¢ \$4.95
- THE CUSTOM BAGEL SAMMY:** Egg and your choice of cheese served on a toasted bagel. Add any additional toppings listed below \$8.45

ADDITIONAL TOPPINGS

Bacon \$1.75 | Turkey \$1.75 | Ham \$1.75 | Lox \$4.75 | Egg \$2.75
Avocado Smash \$2.75 | Local Tomato \$1.25 | Local Organic Lettuce \$1.25
Onion .85 | Homemade Walnut Pesto \$2.25

BREAKFAST SPECIALS

- BREAKFAST MELT:** Eggs, bacon, shredded cheese, corn n' bean salsa, cilantro dressing, wrapped up in a tortilla, and grilled. Served with a side of our homemade secret sauce.... \$13.45
- BREAKFAST SALAD:** Organic local lettuce, corn n' bean salsa, tomato, shredded pepper jack, egg, bacon, and cilantro dressing. Can be prepared w/o meat & egg..... \$14.70
- OATMEAL:** Served with butter, cinnamon, and brown sugar. Add any additional toppings listed below for .75¢ \$6.20

ADDITIONAL OATMEAL TOPPINGS .75 EACH

Raisins | Banana | Organic Blueberries | Apple | Local Honey | Walnuts | Candied Pecans
Organic Coconut Oil | Organic Peanut Butter | Organic Maple Syrup
Chocolate Chips | Raspberry Jam



LUNCH

LUNCH IS SERVED 6:30AM - 2PM

SALADS

HALF SALAD.....\$9.65 | FULL SALAD OR WRAP.....\$13.65

SALADS ARE SERVED ON LOCAL ORGANIC GREENS OR WRAPPED IN A TORTILLA
ALL OF OUR DRESSINGS ARE MADE IN HOUSE

SOUTHWEST SALAD: Black bean n' corn salsa, local tomato, crushed tortilla chips, pepper jack cheese, and cilantro dressing

JENNA SALAD: Blue cheese, fuji apples, candied pecans, dried cranberries, and raspberry dressing

GARDEN SALAD: Feta cheese, kalamata olives, local tomato, red onion, and homemade thyme dressing

SANDWICHES

ALL SANDWICHES SERVED WITH A SIDE OF SOUP OR SWEET POTATO SALAD
SUBSTITUTE GF BREAD FOR \$2.25

TUNA: Tuna salad, local organic greens, local tomato, red onion with mayo on organic multigrain bread\$13.20

CAPRESE: Local organic lettuce, local tomato, home-made walnut pesto, and mozzarella on focaccia\$14.20

BLT: Swiss, bacon, local organic lettuce, local tomato, mayo on organic multigrain bread.....\$13.20

GRILLED ITEMS

ALL GRILLED ITEMS ARE COOKED ON A PANINI PRESS

GRILLED CHEESE: Cheddar and Provolone cheese with mayo on organic multigrain bread.
Served with a half bowl of soup.....\$11.20

TUNA MELT: Tuna salad, red onion, provolone cheese on organic multigrain bread.
Served with a side of soup.....\$14.20

MOA: Grilled chicken, red onion, provolone cheese, and homemade walnut pesto on organic multigrain bread.
Served with a half bowl of soup.....\$14.20

BURRITO MELT: BBQ glazed chicken, black bean n' corn salsa, shredded cheese, and cilantro dressing.
Served with our homemade secret sauce\$14.20

OTHERS

SOUP OF THE DAY: Served with organic toast.....HALF BOWL.....\$6.20 | FULL BOWL.....\$8.70

SIDES: Purple Sweet Potato Salad (GF)..... SINGLE SERVING.....\$4.55 | HALF PINT.....\$6.95
FULL PINT.....\$11.20



SMOOTHIES

SERVED ALL DAY EVERY DAY!

ALL SMOOTHIES & ACAI BOWLS ARE MADE WITH FRESH ORGANIC FROZEN FRUIT.
SO THEY'RE GOOD FOR YOU, DUH.

16oz \$10.15 | 20 oz \$11.35

BLUE HAWAIIAN

Blueberries | Mango | Banana | Coconut Milk

WAIMEA MONSTER

Kale | Mango | Honey | Banana | Soy Milk

LAZY SHAKA

Strawberries | Banana | Yogurt | Apple Juice

KAMUELA BLISS

Chocolate | Peanut Butter | Banana | Almond Milk

LEILANI SUNSET

Acai | Strawberries | Mango | Blueberries | Coconut Oil | Soy Milk

ADD-INS .95¢

Spirulina | Protein Powder | Organic Coconut Oil
Peanut Butter | Acai Protein | Espresso Shot

ACAI BOWLS

SERVED ALL DAY EVERY DAY!

\$13.95

KIMBAYA

Acai, blueberry, and soy milk smoothie base.
Topped with homemade granola, peanut butter, banana, blueberries, and honey.

PUNATIC

Mango, acai protein, coconut oil, spirulina, and kale smoothie base.
Topped with homemade granola, banana, honey, and coconut shavings.

ADDITIONAL TOPPINGS .75¢

Candied Pecans | Chocolate Chips | Walnuts | Coconut Shavings



COFFEE & DRINKS

SERVED ALL DAY EVERY DAY!



ESPRESSO
"shots" of espresso

SOLO | DOPPIO
\$2.95 | \$3.65



AMERICANO
one part espresso
two parts water

SOLO | DOPPIO
\$3.45 | \$4.00



MACCHIATO
espresso marked
with a dollop of foam

SOLO | DOPPIO
\$4.00 | \$4.55



CAPPUCCINO
equal parts espresso
steamed milk and foam

SOLO | DOPPIO
\$4.55 | \$5.10



CORTADO
two shots of
espresso filled with
4 oz steamed milk

\$4.55



LATTE
one part espresso
filled with steamed milk

12oz | 16oz
\$4.75 | \$5.45



POUR OVER
choose from any of
our local estate beans

12oz | 16oz
\$6.20 | \$7.20



FRENCH PRESS
choose from any of
our local estate beans

12oz | 16oz
\$6.20 | \$7.20

DRIP COFFEE

12oz | 16oz
\$2.92 | \$3.28
Refills \$2.35

COLD BREW

16oz | 20oz
\$4.55 | \$5.25
Refills \$2.95

NON-ESPRESSO DRINKS

CHAI LATTE
12oz \$5.15 | 16oz \$5.75

HOT CHOCOLATE
8oz \$3.20 | 12oz \$3.40 | 16oz \$4.00

TEA MISTO
12oz \$5.45 | 16oz \$5.95

ITALIAN SODA
20oz \$5.65

ORGANIC TEAS

12oz \$4.00 | 16oz \$4.55
British Breakfast
Earl Grey
Pu-erh Cacao
Green

HERBAL TEAS

DECAF & ORGANIC
Good Hope Vanilla
Mint Fields
Chamomile Lemon
Hibiscus Citrus

FLAVORS

.95¢

Chocolate | Caramel
White Chocolate | Vanilla | Coconut
Hazelnut | Almond | Macadamia Nut
Sugar-Free Vanilla | Local Honey
Local Kiawe Honey \$1.25

MILK OPTIONS

Whole | Skim | Coconut
Organic Soy | Organic Whole
Organic Almond | Organic Oat
Organic Macadamia

MAKE YOUR
DRINK ICED FOR +\$1